

Teaching to Transgress

Education as the Practice of Freedom

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to all my students, especially to LaRon who dances with angels in gratitude for all the times we start over—begin again—renew our joy in learning.

"... to begin always anew, to make, to reconstruct, and to not spoil, to refuse to bureaucratize the mind, to understand and to live life as a process—live to become ..."

-Paulo Freire

Introduction

Teaching to Transgress

In the weeks before the English Department at Oberlin College was about to decide whether or not I would be granted tenure, I was haunted by dreams of running away—of disappearing—yes, even of dying. These dreams were not a response to fear that I would not be granted tenure. They were a response to the reality that I would be granted tenure. I was afraid that I would be trapped in the academy forever.

Instead of feeling elated when I received tenure, I fell into a deep, life-threatening depression. Since everyone around me believed that I should be relieved, thrilled, proud, I felt "guilty" about my "real" feelings and could not share them with anyone. The lecture circuit took me to sunny California and the New Age world of my sister's house in Laguna Beach where I was able to chill out for a month. When I shared my feelings with my sister (she's a therapist), she reassured me that they were entirely appropriate because, she said, "You never wanted

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to be a teacher. Since we were little, all you ever wanted to do was write." She was right. It was always assumed by everyone else that I would become a teacher. In the apartheid South, black girls from working-class backgrounds had three career choices. We could marry. We could work as maids. We could become school teachers. And since, according to the sexist thinking of the time, men did not really desire "smart" women, it was assumed that signs of intelligence sealed one's fate. From grade school on, I was destined to become a teacher.

But the dream of becoming a writer was always present within me. From childhood, I believed that I would teach and write. Writing would be the serious work, teaching would be the not-so-serious-I-need-to-make-a-living "job." Writing, I believed then, was all about private longing and personal glory, but teaching was about service, giving back to one's community. For black folks teaching—educating—was fundamentally political because it was rooted in antiracist struggle. Indeed, my all-black grade schools became the location where I experienced learning as revolution.

Almost all our teachers at Booker T. Washington were black women. They were committed to nurturing intellect so that we could become scholars, thinkers, and cultural workers—black folks who used our "minds." We learned early that our devotion to learning, to a life of the mind, was a counter-hegemonic act, a fundamental way to resist every strategy of white racist colonization. Though they did not define or articulate these practices in theoretical terms, my teachers were enacting a revolutionary pedagogy of resistance that was profoundly anticolonial. Within these segregated schools, black children who were deemed exceptional, gifted, were given special care. Teachers worked with and for us to ensure that we would fulfill our intellectual destiny and by so doing uplift the race. My teachers were on a mission.

To fulfill that mission, my teachers made sure they "knew" us. They knew our parents, our economic status, where we worshipped, what our homes were like, and how we were treated in the family. I went to school at a historical moment where I was being taught by the same teachers who had taught my mother, her sisters, and brothers. My effort and ability to learn was always contextualized within the framework of generational family experience. Certain behaviors, gestures, habits of being were traced back.

Attending school then was sheer joy. I loved being a student. I loved learning. School was the place of ecstasy—pleasure and danger. To be changed by ideas was pure pleasure. But to learn ideas that ran counter to values and beliefs learned at home was to place oneself at risk, to enter the danger zone. Home was the place where I was forced to conform to someone else's image of who and what I should be. School was the place where I could forget that self and, through ideas, reinvent myself.

School changed utterly with racial integration. Gone was the messianic zeal to transform our minds and beings that had characterized teachers and their pedagogical practices in our all-black schools. Knowledge was suddenly about information only. It had no relation to how one lived, behaved. It was no longer connected to antiracist struggle. Bussed to white schools, we soon learned that obedience, and not a zealous will to learn, was what was expected of us. Too much eagerness to learn could easily be seen as a threat to white authority.

When we entered racist, desegregated, white schools we left a world where teachers believed that to educate black children rightly would require a political commitment. Now, we were mainly taught by white teachers whose lessons reinforced racist stereotypes. For black children, education was no longer about the practice of freedom. Realizing this, I lost my love of school. The classroom was no longer a place of pleasure or ecstasy. School was still a political place, since we were always having to counter white racist assumptions that we were genetically inferior, never as capable as white peers, even unable to learn. Yet, the politics were no longer counter-hegemonic. We were always and only responding and reacting to white folks.

That shift from beloved, all-black schools to white schools where black students were always seen as interlopers, as not really belonging, taught me the difference between education as the practice of freedom and education that merely strives to reinforce domination. The rare white teacher who dared to resist, who would not allow racist biases to determine how we were taught, sustained the belief that learning at its most powerful could indeed liberate. A few black teachers had joined us in the desegregation process. And, although it was more difficult, they continued to nurture black students even as their efforts were constrained by the suspicion they were favoring their own race.

Despite intensely negative experiences, I graduated from school still believing that education was enabling, that it enhanced our capacity to be free. When I began undergraduate work at Stanford University, I was enthralled with the process of becoming an insurgent black intellectual. It surprised and shocked me to sit in classes where professors were not excited about teaching, where they did not seem to have a clue that education was about the practice of freedom. During college, the primary lesson was reinforced: we were to learn obedience to authority.

In graduate school the classroom became a place I hated, yet a place where I struggled to claim and maintain the right to be an independent thinker. The university and the classroom began to feel more like a prison, a place of punishment and confinement rather than a place of promise and possibility. I

wrote my first book during those undergraduate years, even though it was not published until years later. I was writing; but more importantly I was preparing to become a teacher.

Accepting the teaching profession as my destiny, I was tormented by the classroom reality I had known both as an undergraduate and a graduate student. The vast majority of our professors lacked basic communication skills, they were not self-actualized, and they often used the classroom to enact rituals of control that were about domination and the unjust exercise of power. In these settings I learned a lot about the kind of teacher I did not want to become.

In graduate school I found that I was often bored in classes. The banking system of education (based on the assumption that memorizing information and regurgitating it represented gaining knowledge that could be deposited, stored and used at a later date) did not interest me. I wanted to become a critical thinker. Yet that longing was often seen as a threat to authority. Individual white male students who were seen as "exceptional," were often allowed to chart their intellectual journeys, but the rest of us (and particularly those from marginal groups) were always expected to conform. Nonconformity on our part was viewed with suspicion, as empty gestures of defiance aimed at masking inferiority or substandard work. In those days, those of us from marginal groups who were allowed to enter prestigious, predominantly white colleges were made to feel that we were there not to learn but to prove that we were the equal of whites. We were there to prove this by showing how well we could become clones of our peers. As we constantly confronted biases, an undercurrent of stress diminished our learning experience.

My reaction to this stress and to the ever-present boredom and apathy that pervaded my classes was to imagine ways that teaching and the learning experience could be different. 6

When I discovered the work of the Brazilian thinker Paulo Freire, my first introduction to critical pedagogy, I found a mentor and a guide, someone who understood that learning could be liberatory. With his teachings and my growing understanding of the ways in which the education I had received in all-black Southern schools had been empowering, I began to develop a blueprint for my own pedagogical practice. Already deeply engaged with feminist thinking, I had no difficulty bringing that critique to Freire's work. Significantly, I felt that this mentor and guide, whom I had never seen in the flesh, would encourage and support my challenge to his ideas if he was truly committed to education as the practice of freedom. At the same time, I used his pedagogical paradigms to critique the limitations of feminist classrooms.

During my undergraduate and graduate school years, only white women professors were involved in developing Women's Studies programs. And even though I taught my first class as a graduate student on black women writers from a feminist perspective, it was in the context of a Black Studies program. At that time, I found, white women professors were not eager to nurture any interest in feminist thinking and scholarship on the part of black female students if that interest included critical challenge. Yet their lack of interest did not discourage me from involvement with feminist ideas or participation in the feminist classroom. Those classrooms were the one space where pedagogical practices were interrogated, where it was assumed that the knowledge offered students would empower them to be better scholars, to live more fully in the world beyond academe. The feminist classroom was the one space where students could raise critical questions about pedagogical process. These critiques were not always encouraged or well received, but they were allowed. That small acceptance of critical interrogation was a crucial challenge inviting us as students to think seriously about pedagogy in relation to the practice of freedom.

When I entered my first undergraduate classroom to teach, I relied on the example of those inspired black women teachers in my grade school, on Freire's work, and on feminist thinking about radical pedagogy. I longed passionately to teach differently from the way I had been taught since high school. The first paradigm that shaped my pedagogy was the idea that the classroom should be an exciting place, never boring. And if boredom should prevail, then pedagogical strategies were needed that would intervene, alter, even disrupt the atmosphere. Neither Freire's work nor feminist pedagogy examined the notion of pleasure in the classroom. The idea that learning should be exciting, sometimes even "fun," was the subject of critical discussion by educators writing about pedagogical practices in grade schools, and sometimes even high schools. But there seemed to be no interest among either traditional or radical educators in discussing the role of excitement in higher education.

Excitement in higher education was viewed as potentially disruptive of the atmosphere of seriousness assumed to be essential to the learning process. To enter classroom settings in colleges and universities with the will to share the desire to encourage excitement, was to transgress. Not only did it require movement beyond accepted boundaries, but excitement could not be generated without a full recognition of the fact that there could never be an absolute set agenda governing teaching practices. Agendas had to be flexible, had to allow for spontaneous shifts in direction. Students had to be seen in their particularity as individuals (I drew on the strategies my gradeschool teachers used to get to know us) and interacted with according to their needs (here Freire was useful). Critical reflection on my experience as a student in unexciting classrooms enabled me not only to imagine that the classroom could be exciting but that this excitement could co-exist with and even stimulate serious intellectual and/or academic engagement.

But excitement about ideas was not sufficient to create an exciting learning process. As a classroom community, our capacity to generate excitement is deeply affected by our interest in one another, in hearing one another's voices, in recognizing one another's presence. Since the vast majority of students learn through conservative, traditional educational practices and concern themselves only with the presence of the professor, any radical pedagogy must insist that everyone's presence is acknowledged. That insistence cannot be simply stated. It has to be demonstrated through pedagogical practices. To begin, the professor must genuinely value everyone's presence. There must be an ongoing recognition that everyone influences the classroom dynamic, that everyone contributes. These contributions are resources. Used constructively they enhance the capacity of any class to create an open learning community. Often before this process can begin there has to be some deconstruction of the traditional notion that only the professor is responsible for classroom dynamics. That responsibility is relative to status. Indeed, the professor will always be more responsible because the larger institutional structures will always ensure that accountability for what happens in the classroom rests with the teacher. It is rare that any professor, no matter how eloquent a lecturer, can generate through his or her actions enough excitement to create an exciting classroom. Excitement is generated through collective effort.

Seeing the classroom always as a communal place enhances the likelihood of collective effort in creating and sustaining a learning community. One semester, I had a very difficult class, one that completely failed on the communal level. Throughout the term, I thought that the major drawback inhibiting the development of a learning community was that the class was scheduled in the early morning, before nine. Almost always between a third and a half of the class was not fully awake. This, coupled with the tensions of "differences," was impossible to

overcome. Every now and then we had an exciting session, but mostly it was a dull class. I came to hate this class so much that I had a tremendous fear that I would not awaken to attend it; the night before (despite alarm clocks, wake-up calls, and the experiential knowledge that I had never forgotten to attend class) I still could not sleep. Rather than making me arrive sleepy, I tended to arrive wired, full of an energy few students mirrored.

Time was just one of the factors that prevented this class from becoming a learning community. For reasons I cannot explain it was also full of "resisting" students who did not want to learn new pedagogical processes, who did not want to be in a classroom that differed in any way from the norm. To these students, transgressing boundaries was frightening. And though they were not the majority, their spirit of rigid resistance seemed always to be more powerful than any will to intellectual openness and pleasure in learning. More than any other class I had taught, this one compelled me to abandon the sense that the professor could, by sheer strength of will and desire, make the classroom an exciting, learning community.

Before this class, I considered that *Teaching to Transgress: Education as the Practice of Freedom* would be a book of essays mostly directed to teachers. After the class ended, I began writing with the understanding that I was speaking to and with both students and professors. The scholarly field of writing on critical pedagogy and/or feminist pedagogy continues to be primarily a discourse engaged by white women and men. Freire, too, in conversation with me, as in much of his written work, has always acknowledged that he occupies the location of white maleness, particularly in this country. But the work of various thinkers on radical pedagogy (I use this term to include critical and/or feminist perspectives) has in recent years truly included a recognition of differences—those determined by class, race, sexual practice, nationality, and so on. Yet this movement forward does not seem to coincide with any significant

increase in black or other nonwhite voices joining discussions about radical pedagogical practices.

My pedagogical practices have emerged from the mutually illuminating interplay of anticolonial, critical, and feminist pedagogies. This complex and unique blending of multiple perspectives has been an engaging and powerful standpoint from which to work. Expanding beyond boundaries, it has made it possible for me to imagine and enact pedagogical practices that engage directly both the concern for interrogating biases in curricula that reinscribe systems of domination (such as racism and sexism) while simultaneously providing new ways to teach diverse groups of students.

In this book I want to share insights, strategies, and critical reflections on pedagogical practice. I intend these essays to be an intervention—countering the devaluation of teaching even as they address the urgent need for changes in teaching practices. They are meant to serve as constructive commentary. Hopeful and exuberant, they convey the pleasure and joy I experience teaching; these essays are celebratory! To emphasize that the pleasure of teaching is an act of resistance countering the overwhelming boredom, uninterest, and apathy that so often characterize the way professors and students feel about teaching and learning, about the classroom experience.

Each essay addresses common themes that surface again and again in discussions of pedagogy, offering ways to rethink teaching practices and constructive strategies to enhance learning. Written separately for a variety of contexts there is unavoidably some degree of overlap; ideas are repeated, key phrases used again and again. Even though I share strategies, these works do not offer blueprints for ways to make the classroom an exciting place for learning. To do so would undermine the insistence that engaged pedagogy recognize each classroom as different, that strategies must constantly be

changed, invented, reconceptualized to address each new teaching experience.

Teaching is a performative act. And it is that aspect of our work that offers the space for change, invention, spontaneous shifts, that can serve as a catalyst drawing out the unique elements in each classroom. To embrace the performative aspect of teaching we are compelled to engage "audiences," to consider issues of reciprocity. Teachers are not performers in the traditional sense of the word in that our work is not meant to be a spectacle. Yet it is meant to serve as a catalyst that calls everyone to become more and more engaged, to become active participants in learning.

Just as the way we perform changes, so should our sense of "voice." In our everyday lives we speak differently to diverse audiences. We communicate best by choosing that way of speaking that is informed by the particularity and uniqueness of whom we are speaking to and with. In keeping with this spirit, these essays do not all sound alike. They reflect my effort to use language in ways that speak to specific contexts, as well as my desire to communicate with a diverse audience. To teach in varied communities not only our paradigms must shift but also the way we think, write, speak. The engaged voice must never be fixed and absolute but always changing, always evolving in dialogue with a world beyond itself.

These essays reflect my experience of critical discussions with teachers, students, and individuals who have entered my classes to observe. Multilayered, then, these essays are meant to stand as testimony, bearing witness to education as the practice of freedom. Long before a public ever recognized me as a thinker or writer, I was recognized in the classroom by students —seen by them as a teacher who worked hard to create a dynamic learning experience for all of us. Nowadays, I am recognized more for insurgent intellectual practice. Indeed, the

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academic public that I encounter at my lectures always shows surprise when I speak intimately and deeply about the class-room. That public seemed particularly surprised when I said that I was working on a collection of essays about teaching. This surprise is a sad reminder of the way teaching is seen as a duller, less valuable aspect of the academic profession. This perspective on teaching is a common one. Yet it must be challenged if we are to meet the needs of our students, if we are to restore to education and the classroom excitement about ideas and the will to learn.

There is a serious crisis in education. Students often do not want to learn and teachers do not want to teach. More than ever before in the recent history of this nation, educators are compelled to confront the biases that have shaped teaching practices in our society and to create new ways of knowing, different strategies for the sharing of knowledge. We cannot address this crisis if progressive critical thinkers and social critics act as though teaching is not a subject worthy of our regard.

The classroom remains the most radical space of possibility in the academy. For years it has been a place where education has been undermined by teachers and students alike who seek to use it as a platform for opportunistic concerns rather than as a place to learn. With these essays, I add my voice to the collective call for renewal and rejuvenation in our teaching practices. Urging all of us to open our minds and hearts so that we can know beyond the boundaries of what is acceptable, so that we can think and rethink, so that we can create new visions, I celebrate teaching that enables transgressions—a movement against and beyond boundaries. It is that movement which makes education the practice of freedom.

Engaged Pedagogy

To educate as the practice of freedom is a way of teaching that anyone can learn. That learning process comes easiest to those of us who teach who also believe that there is an aspect of our vocation that is sacred; who believe that our work is not merely to share information but to share in the intellectual and spiritual growth of our students. To teach in a manner that respects and cares for the souls of our students is essential if we are to provide the necessary conditions where learning can most deeply and intimately begin.

Throughout my years as student and professor, I have been most inspired by those teachers who have had the courage to transgress those boundaries that would confine each pupil to a rote, assembly-line approach to learning. Such teachers approach students with the will and desire to respond to our unique beings, even if the situation does not allow the full emergence of a relationship based on mutual recognition. Yet the possibility of such recognition is always present.

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Paulo Freire and the Vietnamese Buddhist monk Thich Nhat Hanh are two of the "teachers" who have touched me deeply with their work. When I first began college, Freire's thought gave me the support I needed to challenge the "banking system" of education, that approach to learning that is rooted in the notion that all students need to do is consume information fed to them by a professor and be able to memorize and store it. Early on, it was Freire's insistence that education could be the practice of freedom that encouraged me to create strategies for what he called "conscientization" in the classroom. Translating that term to critical awareness and engagement, I entered the classrooms with the conviction that it was crucial for me and every other student to be an active participant, not a passive consumer. Education as the practice of freedom was continually undermined by professors who were actively hostile to the notion of student participation. Freire's work affirmed that education can only be liberatory when everyone claims knowledge as a field in which we all labor. That notion of mutual labor was affirmed by Thich Nhat Hanh's philosophy of engaged Buddhism, the focus on practice in conjunction with contemplation. His philosophy was similar to Freire's emphasis on "praxis"—action and reflection upon the world in order to change it.

In his work Thich Nhat Hanh always speaks of the teacher as a healer. Like Freire, his approach to knowledge called on students to be active participants, to link awareness with practice. Whereas Freire was primarily concerned with the mind, Thich Nhat Hanh offered a way of thinking about pedagogy which emphasized wholeness, a union of mind, body, and spirit. His focus on a holistic approach to learning and spiritual practice enabled me to overcome years of socialization that had taught me to believe a classroom was diminished if students and professors regarded one another as "whole" human

beings, striving not just for knowledge in books, but knowledge about how to live in the world.

During my twenty years of teaching, I have witnessed a grave sense of dis-ease among professors (irrespective of their politics) when students want us to see them as whole human beings with complex lives and experiences rather than simply as seekers after compartmentalized bits of knowledge. When I was an undergraduate, Women's Studies was just finding a place in the academy. Those classrooms were the one space where teachers were willing to acknowledge a connection between ideas learned in university settings and those learned in life practices. And, despite those times when students abused that freedom in the classroom by only wanting to dwell on personal experience, feminist classrooms were, on the whole, one location where I witnessed professors striving to create participatory spaces for the sharing of knowledge. Nowadays, most women's studies professors are not as committed to exploring new pedagogical strategies. Despite this shift, many students still seek to enter feminist classrooms because they continue to believe that there, more than in any other place in the academy, they will have an opportunity to experience education as the practice of freedom.

Progressive, holistic education, "engaged pedagogy" is more demanding than conventional critical or feminist pedagogy. For, unlike these two teaching practices, it emphasizes well-being. That means that teachers must be actively committed to a process of self-actualization that promotes their own well-being if they are to teach in a manner that empowers students. Thich Nhat Hanh emphasized that "the practice of a healer, therapist, teacher or any helping professional should be directed toward his or herself first, because if the helper is unhappy, he or she cannot help many people." In the United States it is rare that anyone talks about teachers in university settings as

healers. And it is even more rare to hear anyone suggest that teachers have any responsibility to be self-actualized individuals.

Learning about the work of intellectuals and academics primarily from nineteenth-century fiction and nonfiction during my pre-college years, I was certain that the task for those of us who chose this vocation was to be holistically questing for self-actualization. It was the actual experience of college that disrupted this image. It was there that I was made to feel as though I was terribly naive about "the profession." I learned that far from being self-actualized, the university was seen more as a haven for those who are smart in book knowledge but who might be otherwise unfit for social interaction. Luckily, during my undergraduate years I began to make a distinction between the practice of being an intellectual/teacher and one's role as a member of the academic profession.

It was difficult to maintain fidelity to the idea of the intellectual as someone who sought to be whole—well-grounded in a context where there was little emphasis on spiritual well-being, on care of the soul. Indeed, the objectification of the teacher within bourgeois educational structures seemed to denigrate notions of wholeness and uphold the idea of a mind/body split, one that promotes and supports compartmentalization.

This support reinforces the dualistic separation of public and private, encouraging teachers and students to see no connection between life practices, habits of being, and the roles of professors. The idea of the intellectual questing for a union of mind, body, and spirit had been replaced with notions that being smart meant that one was inherently emotionally unstable and that the best in oneself emerged in one's academic work. This meant that whether academics were drug addicts, alcoholics, batterers, or sexual abusers, the only important aspect of our identity was whether or not our minds functioned, whether we were able to do our jobs in the classroom. The self was presumably emptied out the moment the thresh-

old was crossed, leaving in place only an objective mind—free of experiences and biases. There was fear that the conditions of that self would interfere with the teaching process. Part of the luxury and privilege of the role of teacher/professor today is the absence of any requirement that we be self-actualized. Not surprisingly, professors who are not concerned with inner well-being are the most threatened by the demand on the part of students for liberatory education, for pedagogical processes that will aid them in their own struggle for self-actualization.

Certainly it was naive for me to imagine during high school that I would find spiritual and intellectual guidance in university settings from writers, thinkers, scholars. To have found this would have been to stumble across a rare treasure. I learned, along with other students, to consider myself fortunate if I found an interesting professor who talked in a compelling way. Most of my professors were not the slightest bit interested in enlightenment. More than anything they seemed enthralled by the exercise of power and authority within their mini-kingdom, the classroom.

This is not to say that there were not compelling, benevolent dictators, but it is true to my memory that it was rare—absolutely, astonishingly rare—to encounter professors who were deeply committed to progressive pedagogical practices. I was dismayed by this; most of my professors were not individuals whose teaching styles I wanted to emulate.

My commitment to learning kept me attending classes. Yet, even so, because I did not conform—would not be an unquestioning, passive student—some professors treated me with contempt. I was slowly becoming estranged from education. Finding Freire in the midst of that estrangement was crucial to my survival as a student. His work offered both a way for me to understand the limitations of the type of education I was receiving and to discover alternative strategies for learning and teaching. It was particularly disappointing to encounter white

male professors who claimed to follow Freire's model even as their pedagogical practices were mired in structures of domination, mirroring the styles of conservative professors even as they approached subjects from a more progressive standpoint.

When I first encountered Paulo Freire, I was eager to see if his style of teaching would embody the pedagogical practices he described so eloquently in his work. During the short time I studied with him, I was deeply moved by his presence, by the way in which his manner of teaching exemplified his pedagogical theory. (Not all students interested in Freire have had a similar experience.) My experience with him restored my faith in liberatory education. I had never wanted to surrender the conviction that one could teach without reinforcing existing systems of domination. I needed to know that professors did not have to be dictators in the classroom.

While I wanted teaching to be my career, I believed that personal success was intimately linked with self-actualization. My passion for this quest led me to interrogate constantly the mind/body split that was so often taken to be a given. Most professors were often deeply antagonistic toward, even scornful of, any approach to learning emerging from a philosophical standpoint emphasizing the union of mind, body, and spirit, rather than the separation of these elements. Like many of the students I now teach, I was often told by powerful academics that I was misguided to seek such a perspective in the academy. Throughout my student years I felt deep inner anguish. Memory of that pain returns as I listen to students express the concern that they will not succeed in academic professions if they want to be well, if they eschew dysfunctional behavior or participation in coercive hierarchies. These students are often fearful, as I was, that there are no spaces in the academy where the will to be self-actualized can be affirmed.

This fear is present because many professors have intensely hostile responses to the vision of liberatory education that connects the will to know with the will to become. Within professorial circles, individuals often complain bitterly that students want classes to be "encounter groups." While it is utterly unreasonable for students to expect classrooms to be therapy sessions, it is appropriate for them to hope that the knowledge received in these settings will enrich and enhance them.

Currently, the students I encounter seem far more uncertain about the project of self-actualization than my peers and I were twenty years ago. They feel that there are no clear ethical guidelines shaping actions. Yet, while they despair, they are also adamant that education should be liberatory. They want and demand more from professors than my generation did. There are times when I walk into classrooms overflowing with students who feel terribly wounded in their psyches (many of them see therapists), yet I do not think that they want therapy from me. They do want an education that is healing to the uninformed, unknowing spirit. They do want knowledge that is meaningful. They rightfully expect that my colleagues and I will not offer them information without addressing the connection between what they are learning and their overall life experiences.

This demand on the students' part does not mean that they will always accept our guidance. This is one of the joys of education as the practice of freedom, for it allows students to assume responsibility for their choices. Writing about our teacher/student relationship in a piece for the *Village Voice*, "How to Run the Yard: Off-Line and into the Margins at Yale," one of my students, Gary Dauphin, shares the joys of working with me as well as the tensions that surfaced between us as he began to devote his time to pledging a fraternity rather than cultivating his writing:

People think academics like Gloria [my given name] are all about difference: but what I learned from her was mostly about sameness, about what I had in common as a black man to people of color; to women and gays and lesbians and the poor and anyone else who

wanted in. I did some of this learning by reading but most of it came from hanging out on the fringes of her life. I lived like that for a while, shuttling between high points in my classes and low points outside. Gloria was a safe haven . . . Pledging a fraternity is about as far away as you can get from her classroom, from the yellow kitchen where she used to share her lunch with students in need of various forms of sustenance.

This is Gary writing about the joy. The tension arose as we discussed his reason for wanting to join a fraternity and my disdain for that decision. Gary comments, "They represented a vision of black manhood that she abhorred, one where violence and abuse were primary ciphers of bonding and identity." Describing his assertion of autonomy from my influence he writes, "But she must have also known the limits of even her influence on my life, the limits of books and teachers."

Ultimately, Gary felt that the decision he had made to join a fraternity was not constructive, that I "had taught him openness" where the fraternity had encouraged one-dimensional allegiance. Our interchange both during and after this experience was an example of engaged pedagogy.

Through critical thinking—a process he learned by reading theory and actively analyzing texts—Gary experienced education as the practice of freedom. His final comments about me: "Gloria had only mentioned the entire episode once after it was over, and this to tell me simply that there are many kinds of choices, many kinds of logic. I could make those events mean whatever I wanted as long as I was honest." I have quoted his writing at length because it is testimony affirming engaged pedagogy. It means that my voice is not the only account of what happens in the classroom.

Engaged pedagogy necessarily values student expression. In her essay, "Interrupting the Calls for Student Voice in Liberatory Education: A Feminist Poststructuralist Perspective," Mimi Orner employs a Foucauldian framework to suggest that

Regulatory and punitive means and uses of the confession bring to mind curricular and pedagogical practices which call for students to publicly reveal, even confess, information about their lives and cultures in the presence of authority figures such as teachers.

When education is the practice of freedom, students are not the only ones who are asked to share, to confess. Engaged pedagogy does not seek simply to empower students. Any classroom that employs a holistic model of learning will also be a place where teachers grow, and are empowered by the process. That empowerment cannot happen if we refuse to be vulnerable while encouraging students to take risks. Professors who expect students to share confessional narratives but who are themselves unwilling to share are exercising power in a manner that could be coercive. In my classrooms, I do not expect students to take any risks that I would not take, to share in any way that I would not share. When professors bring narratives of their experiences into classroom discussions it eliminates the possibility that we can function as all-knowing, silent interrogators. It is often productive if professors take the first risk, linking confessional narratives to academic discussions so as to show how experience can illuminate and enhance our understanding of academic material. But most professors must practice being vulnerable in the classroom, being wholly present in mind, body, and spirit.

Progressive professors working to transform the curriculum so that it does not reflect biases or reinforce systems of domination are most often the individuals willing to take the risks that engaged pedagogy requires and to make their teaching practices a site of resistance. In her essay, "On Race and Voice:

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Teaching to Transgress

Challenges for Liberation Education in the 1990s," Chandra Mohanty writes that

resistance lies in self-conscious engagement with dominant, normative discourses and representations and in the active creation of oppositional analytic and cultural spaces. Resistance that is random and isolated is clearly not as effective as that which is mobilized through systemic politicized practices of teaching and learning. Uncovering and reclaiming subjugated knowledge is one way to lay claims to alternative histories. But these knowledges need to be understood and defined pedagogically, as questions of strategy and practice as well as of scholarship, in order to transform educational institutions radically.

Professors who embrace the challenge of self-actualization will be better able to create pedagogical practices that engage students, providing them with ways of knowing that enhance their capacity to live fully and deeply.

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Ecstasy

Teaching and Learning Without Limits

On a gorgeous Maine summer day, I fell down a hill and broke my wrist severely. As I was sitting in the dirt, experiencing the most excruciating pain, more intense than any I had ever felt in my life, an image flashed across the screen of my mind. It was one of me as a young girl falling down another hill. In both cases, my falling was related to challenging myself to move beyond limits. As a child it was the limits of fear. As a grown woman, it was the limits of being tired—what I call "bone weary." I had came to Skowhegan to give a lecture at a summer art program. A number of nonwhite students had shared with me that they rarely have any critique of their work from scholars and artists of color. Even though I felt tired and very sick, I wanted to affirm their work and their needs, so I awakened early in the morning to climb the hill to do studio visits.

Skowhegan was once a working farm. Old barns had been converted into studios. The studio I was leaving, after having

had an intense discussion with several young black artists, female and male, led into a cow pasture. Sitting in pain at the bottom of the hill, staring in the face of the black female artist whose studio door I had been trying to reach, I saw such disappointment. When she came to help me, she expressed concern, yet what I heard was another feeling entirely. She really needed to talk about her work with someone she could trust, who would not approach it with racist, sexist, or classist prejudice, someone whose intellect and vision she could respect. That someone did not need to be me. It could have been any teacher. When I think about my life as a student, I can remember vividly the faces, gestures, habits of being of all the individual teachers who nurtured and guided me, who offered me an opportunity to experience joy in learning, who made the classroom a space of critical thinking, who made the exchange of information and ideas a kind of ecstasy.

Recently, I worked on a program at CBS on American feminism. I and other black women present were asked to name what we felt helps enable feminist thinking and feminist movement. I answered that to me "critical thinking" was the primary element allowing the possibility of change. Passionately insisting that no matter what one's class, race, gender, or social standing, I shared my beliefs that without the capacity to think critically about our selves and our lives, none of us would be able to move forward, to change, to grow. In our society, which is so fundamentally anti-intellectual, critical thinking is not encouraged. Engaged pedagogy has been essential to my development as an intellectual, as a teacher/professor because the heart of this approach to learning is critical thinking. Conditions of radical openness exist in any learning situation where students and teachers celebrate their abilities to think critically, to engage in pedagogical praxis.

Profound commitment to engaged pedagogy is taxing to the spirit. After twenty years of teaching, I have begun to need time away from the classroom. Somehow, moving around to teach at different institutions has always prevented me from having that marvelous paid sabbatical that is one of the material rewards of academic life. This factor, coupled with commitment to teaching, has meant that even when I take a job that places me on a part-time schedule, instead of taking time away from teaching, I lecture elsewhere. I do this because I sense such desperate need in students—their fear that no one really cares whether they learn or develop intellectually.

My commitment to engaged pedagogy is an expression of political activism. Given that our educational institutions are so deeply invested in a banking system, teachers are more rewarded when we do not teach against the grain. The choice to work against the grain, to challenge the status quo, often has negative consequences. And that is part of what makes that choice one that is not politically neutral. In colleges and universities, teaching is often the least valued of our many professional tasks. It saddens me that colleagues are often suspicious of teachers whom students long to study with. And there is a tendency to undermine the professorial commitment of engaged pedagogues by suggesting that what we do is not as rigorously academic as it should be. Ideally, education should be a place where the need for diverse teaching methods and styles would be valued, encouraged, seen as essential to learning. Occasionally students feel concerned when a class departs from the banking system. I remind them that they can have a lifetime of classes that reflect conventional norms.

Of course, I hope that more professors will seek to be engaged. Although it is a reward of engaged pedagogy that students seek courses with those of us who have made a whole-hearted commitment to education as the practice of freedom, it is also true that we are often overworked, our classes often overcrowded. For years, I envied those professors who taught more conventionally, because they frequently had small class-

es. Throughout my teaching career my classes have been too large to be as effective as they could be. Over time, I've begun to see that departmental pressure on "popular" professors to accept larger classes was also a way to undermine engaged pedagogy. If classes became so full that it is impossible to know students' names, to spend quality time with each of them, then the effort to build a learning community fails. Throughout my teaching career, I have found it helpful to meet with each student in my classes, if only briefly. Rather than sitting in my office for hours waiting for individual students to choose to meet or for problems to arise, I have preferred to schedule lunches with students. Sometimes, the whole class might bring lunch and have discussion in a space other than our usual classroom. At Oberlin, for instance, we might go as a class to the African Heritage House and have lunch, both to learn about different places on campus and gather in a setting other than our classroom.

Many professors remain unwilling to be involved with any pedagogical practices that emphasize mutual participation between teacher and student because more time and effort are required to do this work. Yet some version of engaged pedagogy is really the only type of teaching that truly generates excitement in the classroom, that enables students and professors to feel the joy of learning.

I was reminded of this during my trip to the emergency room after falling down that hill. I talked so intensely about ideas with the two students who were rushing me to the hospital that I forgot my pain. It is this passion for ideas, for critical thinking and dialogical exchange that I want to celebrate in the classroom, to share with students.

Talking about pedagogy, thinking about it critically, is not the intellectual work that most folks think is hip and cool. Cultural criticism and feminist theory are the areas of my work that are most often deemed interesting by students and colleagues alike. Most of us are not inclined to see discussion of pedagogy as central to our academic work and intellectual growth, or the practice of teaching as work that enhances and enriches scholarship. Yet it has been the mutual interplay of thinking, writing and sharing ideas as an intellectual and teacher that creates whatever insights are in my work. My devotion to that interplay keeps me teaching in academic settings, despite their difficulties.

When I first read Strangers in Paradise: Academics from the Working Class, I was stunned by the intense bitterness expressed in the individual narratives. This bitterness was not unfamiliar to me. I understood what Jane Ellen Wilson meant when she declared, "The whole process of becoming highly educated was for me a process of losing faith." I have felt that bitterness most keenly in relation to academic colleagues. It emerged from my sense that so many of them willingly betrayed the promise of intellectual fellowship and radical openness that I believe is the heart and soul of learning. When I moved beyond those feelings to focus my attention on the classroom, the one place in the academy where I could have the most impact, they became less intense. I became more passionate in my commitment to the art of teaching.

Engaged pedagogy not only compels me to be constantly creative in the classroom, it also sanctions involvement with students beyond that setting. I journey with students as they progress in their lives beyond our classroom experience. In many ways, I continue to teach them, even as they become more capable of teaching me. The important lesson that we learn together, the lesson that allows us to move together within and beyond the classroom, is one of mutual engagement.

I could never say that I have no idea of the way students respond to my pedagogy; they give me constant feedback. When I teach, I encourage them to critique, evaluate, make suggestions and interventions as we go along. Evaluations at the end of a course rarely help us improve the learning experience we share together. When students see themselves as mutually responsible for the development of a learning community, they offer constructive input.

Students do not always enjoy studying with me. Often they find my courses challenge them in ways that are deeply unsettling. This was particularly disturbing to me at the beginning of my teaching career because I wanted to be like and admired. It took time and experience for me to understand that the rewards of engaged pedagogy might not emerge during a course. Luckily, I have taught many students who take time to reconnect and share the impact of our working together on their lives. Then the work I do as a teacher is affirmed again and again, not only by the accolades extended to me but by the career choices students make, their habits of being. When a student tells me that she struggled with the decision to do corporate law, joined such and such a firm, and then at the last minute began to reconsider whether this was what she felt called to do, sharing that her decision was influenced by the courses she took with me, I am reminded of the power we have as teachers as well as the awesome responsibility. Commitment to engaged pedagogy carries with it the willingness to be responsible, not to pretend that professors do not have the power to change the direction of our students' lives.

I began this collection of essays confessing that I did not want to be a teacher. After twenty years of teaching, I can confess that I am often most joyous in the classroom, brought closer here to the ecstatic than by most of life's experiences. In a recent issue of *Tricycle*, a journal of Buddhist thought, Pema Chodron talks about the ways teachers function as role models, describing those teachers that most touched her spirit:

My models were the people who stepped outside of the conventional mind and who could actually stop my mind and completely open it up and free it, even for a moment, from a conventional, habitual way of looking at things. . . . If you are really preparing for groundlessness, preparing for the reality of human existence, you are living on the razor's edge, and you must become used to the fact that things shift and change. Things are not certain and they do not last and you do not know what is going to happen. My teachers have always pushed me over the cliff. . . .

Reading this passage, I felt deep kinship, for I have sought teachers in all areas of my life who would challenge me beyond what I might select for myself, and in and through that challenge allow me a space of radical openness where I am truly free to choose—able to learn and grow without limits.

The academy is not paradise. But learning is a place where paradise can be created. The classroom, with all its limitations, remains a location of possibility. In that field of possibility we have the opportunity to labor for freedom, to demand of ourselves and our comrades, an openness of mind and heart that allows us to face reality even as we collectively imagine ways to move beyond boundaries, to transgress. This is education as the practice of freedom.